

OVER DAY CENTRE ANNUAL REPORT 2019-20



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INTRODUCTION

Over Day Centre Association is an unincorporated charity registered with the Charity Commission of England under Registration No. 800829 at the following address: 1 Dring's Close, Over, CB24 5NZ.

The Day Centre aims to maintain and enhance the quality of life for older people living in Over, and other Cambridgeshire villages, by helping to combat loneliness and provide respite for their carers and, in doing so, extend the time that they can continue to live happily and safely in their own home. Opportunities are also provided for local people to volunteer to support the above objectives in order to enhance community support and spirit.

GOVERNANCE

The Board of Trustees is responsible for governance and strategic direction in order to provide clients with the best care service possible. There is a full set of policies and procedures that incorporate the legal requirements of organisations looking after vulnerable adults, as well as the aims/objectives of the Centre, which management, staff and volunteers are required to follow.

Current Trustees:

Ex-officio Members:

| | |
|----------------|---------------------------------|
| Peter Hudson | County Council Representative |
| Bill Handley | District Council Representative |
| Adrian Tranter | Parish Council Representative |

Ordinary Members:

| | |
|-----------------|---------------|
| Steve Couper | Chairman |
| Shona Johnstone | Vice Chairman |
| Nigel Poulter | Treasurer |
| David Barker | |
| Sally Hunt | |
| Cecilia Tredget | |

Ex-officio Staff Members:

| | |
|---------------|----------------|
| Hayley Smith | Centre Manager |
| Graham Waters | |

OPERATIONAL MANAGEMENT

The charity has a Centre Manager, an Administrator, four care assistants, two bank staff carers, a minibuss driver, a cook, and a team of dedicated volunteers.

THIRTY YEARS OF CARE

A SPECIAL CELEBRATION

On September 2nd 2019 Over Day Centre celebrated its 30th anniversary, marked by a day of festivities. Planning had begun weeks in advance with clients creating many of the decorations themselves. Students from Swavesey Village College helped to make collage bunting, whilst Jenni Tilbrook of Creative Mojo (who runs our monthly art sessions) assisted clients with the painting of butterflies and cupcakes.



Swavesey Village College staff and students make bunting with clients.



Clients painting butterfly decorations.

Morning entertainment was provided by Cambridge folk band, The Crofters who are popular and regular visitors to the Day Centre. Clients were then treated to an indoor 'street party' of buffet-style food prepared in our onsite kitchen by full-time cook, Karen Croxon. The atmosphere was very jolly and festive. Tables had been decorated with helium

balloons, and a PowerPoint presentation of client photographs was projected throughout the meal, so that clients could reminisce about events and activities, which had been organised for them during the previous year. Music in the afternoon was provided by solo artist, Holly Woods who sang a medley of old-time favourites.



The Crofters.



30th Anniversary Street Party.

Our special guest throughout the day was Dr. Pamela Cressey whose dream it had been to found a Day Centre that offered professional care and medical support to older patients registered with Over Surgery (the surgery that she and Dr. Fiona Waters jointly established). Dr. Cressey had always had a special interest in geriatric medicine, visiting local care homes such as Willingham House, in the village of the same name, and Brent House in Swavesey. She even spent a holiday in the Netherlands visiting Day Centres before taking on the challenge of establishing her own charity.

The Day Centre also hosted a Cheese and Wine evening for current and previous employees, all volunteers and trustees through the years, as well as local supporters of the charity such as Parish Councils, village surgeries, the Women's Institutes of Over, Swavesey and Willingham, representatives from local British Legion branches and members of grant bodies. Pamela Cressey was presented with a bouquet by Steve Couper, Chairman of the Trustees of the Over Day Centre Association.



Dr. Cressey offering biscuits to the clients.



LOOKING BACK ON THE HISTORY OF OVER DAY CENTRE

Supported by her medical practice partner, Dr. Fiona Waters and Over vicar Rev. Giles Ecclestone, Dr. Cressey set up a trust - The Over Day Centre Association - (ODCA) to seek financial support for her vision of a village based medical amenity where, to quote Dr. Cressey: *"frailer patients could spend a day being cared for by others, and at the same time have their medical needs assessed and treated on-site"*.



The portakabin – the first Over Day Centre – being delivered onsite.

The first Day Centre was a portakabin donated by the Cambridge Family Health Authority (CFHA) that doubled as the surgery whilst a permanent building on Drings Close in Over was being built. By 1992 Dr. Cressey had secured further funding from the CFHA to add an extension to the portakabin that could accommodate five hospital beds for use by patients that either lived alone and needed additional medical care, or for older people who had been released from hospital after illness, but needed an extended time of respite. Two nurses and additional equipment (such as a special bath for assisted bathing) were funded, in part, by the CFHA with further costs being met by Lifespan, Social Services, ODCA fundraising and individual client fees. In the first two years of charitable work, around two hundred clients made

use of the new care facility. Demand for the Day Centre was so high, in fact, that the charity bought a secondhand minibus from 'Help the Aged' to offer a free transportation service to and from the amenity.



The original minibus purchased from Help The Aged.

1997 saw South Cambridgeshire District Council (SCDC) buy land in proximity to Over Surgery in order to build the sheltered housing scheme of Elm Court. Supported by local District Councillor, Edgar Monks (who became a trustee and then Chair of the ODCA) a new Day Centre was built adjoining the housing scheme that was funded by a £90,000 grant from SCDC. The land on which the current Day Centre is built still belongs to the District Council, but the ODCA pay a peppercorn rent.



The reception room of the portakabin.

WHERE WE ARE TODAY

Today Dr. Cressey's care facility has a designated seating/social area, an open plan dining-room, a professionally fitted kitchen and utility, bathing facilities, three toilets, a meeting room and a hair/beauty salon. Still run as a charity, Over Day Centre is supported by an army of volunteers, and receives grants and donations from a variety of sources including Parish Councils and Trusts, as well as independent fundraising groups such as the Five Pub Challenge team.

AIMS AND SERVICES

Clients are provided with morning refreshments, a freshly cooked two-course midday meal, afternoon tea and entertainment. Menus are varied and planned to ensure the right nutritional balance, with special dietary requirements catered for on an individual basis.



The Over Day Centre minibus.

The Day Centre has its own minibus, which offers free transport to clients who live in the villages of Bar Hill, Longstanton, Over, Swavesey and Willingham. Floor tracking and a tail lift allow for wheelchairs to be accommodated and all seats can be repositioned in order to meet client needs on any given day. All drivers receive MiDAS I and First Aid training. The drivers and escorts also complete a certified People Moving and Handling programme to ensure the safety and comfort of clients at all times.



The on-site hair salon.



Footcare with Tracy Griffiths.

¹ The Minibus Driver Awareness Scheme is a nationally recognised training programme for drivers.

Clients have access to a number of additional facilities by arrangement, including hairdressing, foot care, and a carer-assisted bathing service using a specially designed bath for those with mobility problems. Over Pharmacy offer a daily collection service for client medical prescriptions, and Over Surgery (when appropriate and feasible) allow their nurses to attend to clients at the Day Centre.

Beauty Therapist, Megan from Total Relaxation of Bar Hill has also been visiting Over Day Centre on the first Wednesday of each month to offer a range of manicure treatments. These have proved incredibly popular with men and women alike. (A bit of pampering does everyone a world of good).



Megan of Total Relaxation giving a manicure at Over Day Centre.

Twenty-eight clients can be safely accommodated at any one time. Most attend full days but morning or afternoon sessions are available with the inclusion of the two-course lunch.

The service offered by the Centre not only supports the client but gives respite to their carer: most often the wife, husband, son, daughter or other family member. Caring for someone can be mentally and physically challenging.

RECREATIONAL ACTIVITIES

STIMULUS AND SOCIALISATION

In as much as the Over Day Centre Association is about care work within the community, it is also about fun and social interaction. Care staff aim to provide interest and stimulus, and to vary activities in order to cater to a broad range of interests. Activities are varied and are offered to clients both in the morning and afternoon. These include: quizzes, exercise classes, active games, singing, crafts, guest speakers, raffles, performances by local entertainers, bingo, table top games such as scrabble and dominoes, and short services held by Pastor, David Smith from the Baptist Chapel in Over, and Reverend Simon Gill of St. Mary's Church of England in Over.

THE IMPORTANCE OF MUSIC AND DANCE

Over Day Centre clients are individuals with a wide variety of interests and tastes, but the one thing that is guaranteed to bring them together is music. Music and song create a community atmosphere, which cannot fail to lift the spirit, and that is why singing, music and dance are an intrinsic part of Day Centre life.

Although the Centre regularly books professional entertainers, staff encourage singalongs with the use of song sheets and the overhead projector (which allows for music to be played from the internet and lyrics to be projected onto a screen in large print). Reverend Simon Gill also leads popular mornings of hymn singing, whilst music therapist and voice coach, Ian Nye encourages the clients to sing along to his piano playing whilst providing everyone with a variety of percussion instruments. (These can become very noisy sessions). The Rocking Ukuleles of St. Ives provide fun and laughter, with clients encouraged to singalong and clap to the music. Solo artists, such as Stuart Green, Peter Day, Holly Woods and Ryan Horner are popular visitors, offering a medley of rock 'n' roll, Hollywood musical favourites, 40's swing, pop from the 60's and Old Time Music Hall.



Lisa Nixon leading a Pro Dance class.

Dance classes, run by qualified dance instructor Lisa Nixon of Pro Dance, have become a new, regular fixture this year. Designed for those with limited mobility, many of the routines are chair based but with the opportunity for those, who wish to do so, to stand and move around. The tunes are always varied and props, such as cheerleader pompoms, ribbons, scarves and balls, add to the fun.

Deborah Walker's Line Dancing class from Swavesey have visited the Day Centre a couple of times this year. Clients always dress up for the occasion in cowboy hats and join in the fun by clapping and singing along to the music.



Deborah Walker's Line Dancers.



Clients in their cowboy hats, ready to join in with the line dancing.

COMMUNITY PARTICIPATION

Local children entertain our clients by playing instruments or singing for them. This is one way in which Over Day Centre can be part of the community, and help break-down the barriers that are still prevalent between different age groups in our society.

Swavesey Village College Choir entertained the Day Centre at Christmas; very kindly donating a food hamper for the clients. (An Easter concert was planned, but had to be cancelled due to the Covid-19 lockdown). Ben Colby from Over played Christmas songs and carols for the clients on his cornet. Over the last year, twelve-year-old Alex Sturman has visited the Day Centre regularly, during his school holidays, to sing for the clients and play his violin. Alex now takes requests, which he learns by heart in preparation for his next visit.



Swavesey Village College Choir.

For a number of years now the Day Centre has been visited by Father Christmas and his elf. The elf in question has been Max Warrington, who has been kindly excused from classes by his Primary School in order to hand out client presents. This is always a fun and popular event with clients booking additional days at the Centre in order to participate in the festivities.



Alex Sturman.



Ben Colby.

OUR FRIENDSHIP WITH NEW ROAD PRESCHOOL IN OVER

Monthly visits from the Preschool are still a happy, fun-filled permanent fixture. Here is what Jeanette Fenn, Deputy Manager at New Road, had to say about the friendship that exists between Day Centre clients and her preschoolers.

"The Preschool and Day Centre have been arranging visits for the residents and children for well over a year now and previous to that the local Childminders came with their children. The Childminders come with the Preschool to join in with the activities."

The children really enjoyed the activity of decorating a piece of paper using their hands and feet and creating some butterflies and flowers for the Day Centre wall.



New Road Preschool doing some hand-printing.

The children had a wonderful time showing the residents their nativity play of The Sleepy Shepherd. The children sang and danced to the songs, in their special costumes. We had a very lively Sheep!!



The Sleepy Shepherd Nativity performed at the Day Centre.

When we visit the children bring in a toy from home and go around the room and show the residents what they have. We then have a story which everyone enjoys. We finish our visit with a few songs which is joined in by the children and residents.

The children and staff and preschool really enjoy these visits to the Day Centre, we call the residents and staff our friends. The atmosphere in the room when the children walk in is very touching and a wonderful sight to see. The residents light up as the children walk in."

KEEPING MOBILE

Exercises classes are given twice monthly by All Together Better of Willingham. Marion and Jane (both registered with the Royal College of Nursing) have developed a safe exercise programme for older people to keep them as mobile as possible. Classes are tailored to suit the clients based on individual medical histories. This ensures that the exercises are appropriately beneficial, as well as health and safety conscious. Sometimes a class will focus on cardio-vascular exercises; at other times on building muscle tone and strength; oftentimes on keeping clients mobile through a series of stretching exercises.



All Together Better exercise class.

Day Centre Care Staff also play simple games with clients to encourage them to keep moving. A favourite, which is so simple and so much fun, is the 'keepy-uppy' game where clients pass a balloon to one other.

OUT AND ABOUT

The Day Centre continues to plan external trips for the clients, the most recent being lunch at The Book Warren Café in Willingham, and a visit to Carriages of Fen Drayton for Afternoon Tea. Clients were also taken on the annual riverboat trip, organised in association with the charitable Ladybird Boat Trust. Setting off from Hartford Marina, clients spend a leisurely day travelling the waterways in and around St. Ives. Lunch consists of an onboard picnic.



Clients at Carriages.

NEW RADIO MICROPHONE SYSTEM FOR HARD OF HEARING

Grants from the Over Relief in Need Charity and the Town Branch of the Church & Town Lands Charity enabled the Day Centre to purchase a Phonak Roger Radio Aid System that works with hearing aids or headsets that are wireless connected to a microphone transmitter. Clients, who are hard of hearing, now have a system that enables them to control the volume of a staff member or guest speaker that is using the microphone, whilst cutting out unwanted background noise. Since the transmitters and headphones are so lightweight, they are being used daily by the clients.



Clients wearing Phonak headphones and transmitters.

CLIENT DEMOGRAPHIC

The following table gives the current number of clients using the Day Centre. The first column shows how many people attend from each village, whilst the third illustrates the frequency of attendance (by the clients as a group) as a percentage of the weekly spaces available.

| VILLAGE | # OF CLIENTS PER VILLAGE | # OF SPACES PER WEEK | % OF SPACES PER WEEK |
|-------------|-----------------------------|-------------------------|-------------------------|
| Bar Hill | 2 | 7 | 8% |
| Cottenham | 1 | 4 | 4% |
| Fen Drayton | 2 | 2 | 2.5% |
| Girton | 1 | 2 | 2.5% |
| Longstanton | 4 | 8 | 9% |
| Oakington | 1 | 1 | 1% |
| Over | 14 | 41 | 46% |
| St. Ives | 1 | 1 | 1% |
| Swavesey | 2 | 5 | 5.5% |
| Sutton | 1 | 2 | 2.5% |
| Waterbeach | 1 | 1 | 1% |
| Willingham | 6 | 15 | 17% |
| | 36 | 89 | 100% |

VOLUNTEERS

WHAT THEY DO

The Day Centre could not run smoothly without the generous support of our volunteers who perform a variety of services. Some help in the kitchen by preparing vegetables, doing the washing-up or serving afternoon tea and cake to the clients. Others act as escorts on the minibus (having received professional training in Moving and Handling, as well as First Aid).

There are those who also entertain our clients by playing music, such as The Crofters and Gordon Hewlett, or offer to give talks on a variety of subjects. Most recently Nev Tait and Simon Shore, members of the Swavesey Camera Club, have given a talk about the wildlife and landscape of Namibia, as well as a visual tour of the Falkland Islands and Antarctica.

Others choose to support our charity by fundraising. Mike and Kate Day, for example, have been organizing an annual quiz night each October for many years. (Some regular teams have been known to book their attendance two months in advance!) In 2019 Willingham Wheels teamed with the Swavesey and Over Cycling Group to hold a bike ride in aid of the Day Centre. Two routes were offered to participants: an 8.5-miler for casual riders (children and families) and a 50-miler designed for the more seasoned cyclists. The event raised nearly £3,500.

Over Day Centre is always grateful for the support shown by the general public for our charity work. Thank you to all our volunteers past and present.

VIV CRSIP - THE VOLUNTEER WHO KEEPS VOLUNTEERING

Viv has been volunteering at the Day Centre since the very beginning. Her roles have included helping in the kitchen, fundraising, volunteering as a trustee for ten years, helping with craft activities for the clients and, most recently, acting as a minibus escort.

Here is what Viv had to say about what she called her “volunteer’s journey”.

“After a hectic and happy life as a teacher, mother and grandmother, I found it difficult to adjust to retirement. SO much spare time and energy, and a void of interaction with people. With an elderly relative at the Day Centre, perhaps, I thought, I could be of some use. So, I volunteered my services and became a lunch-time ‘washer-upper and tea lady’. No qualifications required!



Tea and cake being served to clients in the portakabin – the first Day Centre.

The original portakabins had a kitchen with a large sink, hot water, a cooker, unlimited tea towels and little else! But, walking in for the first time I found a room full of people that were filling the air with chatter, laughter and outbursts of singing – not what I had expected, and not like the residential care home my grandma had been in for years!

As soon as the lunchtime dishes had been done, it was time for tea and cake, and facing the clients for the first time. Managing a class, or even a hall full of small children, as a teacher was no problem, but a room of elderly people? How should I address them? Were they going to be deaf? I shouldn't have needed to worry. They were a lovely group of folk: some with a wicked sense of humour for a novice, like me, in their midst; three ladies using sign language to indicate how many spoons of sugar they liked in their tea. I soon got used to their ways and habits and thoroughly enjoyed those afternoons with them.

There was so much going on to keep the clients stimulated and happy, with any excuse for a celebration: Christmas and Easter parties, birthdays with small glasses of sherry before lunch and birthday cake, entertainment by outside singers or the staff, quizzes to keep the memories alive, craft activities to help decorate the room and much more. One most memorable event was taking the clients on a two-day holiday to Clacton. With two full minibuses and two helpers per client and an overnight stay, it was a mammoth task to organise. But it was enjoyed by all.



Birthdays are celebrated with a card, cake, sherry and a rendition of 'Happy Birthday'.

In 2000 the Day Centre moved to its new (and existing) building. After tremendous effort by trustees to raise money from various sources, an amazing purpose designed, decorated, furnished facility opened. There was a large social area, dining area, spacious bathroom with a specialized bath, a quiet room and a large kitchen with a dishwasher/sterilizer!

Enthusiased by the whole ethos of the Centre, I was asked to join the Board of Trustees and so spent the next ten years organizing and helping with fundraising to maintain the standard of care and provisions, which the original team of carers and volunteers had set.

I 'retired' from volunteering to concentrate on my own growing family and looking after my mother, who is now a regular and very happy member of the Day Centre. However, I have since been persuaded to return for the odd shift as an escort on the minibus – the specially adapted vehicle, which provides transport to and from the Day Centre every day.

Unfortunately, there has been a noticeable change in the clientele since I first joined. Now many of them have signs of dementia, and the staff have to be professionally trained to cope with their needs.

This has brought home to me, once again, what a wonderful and almost unique place our Day Centre is! We care for our older people in a safe and happy environment like home, but we also help their home carers to have some time for themselves, knowing that their loved ones are in safe hands.

When I started on my volunteer's journey, I learnt very quickly that the time and energy I give is more than repaid by the satisfaction and friendship that I receive from being part of this charity.



Exercise under professional supervision.



A client models an animal out of clay.

I feel really proud that the original team of trustees, along with Dr. Cressey, had the vision and determination to create the Day Centre. It has been such a blessing for so many of our older villagers, and I hope it will always be there. Who knows who may need it in the future... me or you?

If you haven't seen or been to the Centre, please do visit. You will be most welcome. It is easy to find situated beside Over Surgery and Elm Court sheltered housing. How's that for good community planning!"



Max Warrington handing out Christmas presents to clients.

CHAIRMAN'S REPORT

STEVE COUPER

WHAT ARE WE PROVIDING?

- Day care for frail and older people to promote and maintain their quality of life through social contact, recreation and informative activities.
- A focal resource through which appropriate medical and social services can be provided.
- Relief for carers.
- A focus through which local people can take an active part in care in the community.



Care Staff dancing with a client.



Clients enjoying a talk on paintings from the Fitzwilliam Museum collection.

WE WERE DOING OK...

Everyone seemed happy and our Clients really enjoyed coming.

BUT...

Then the virus came and we had to close down in March for a totally unknown period.

SO, WHAT WAS THE FINANCIAL IMPACT?

Many will recall the major cuts in County Council support over the last few years (due to their budget problems) and our commitment to only raise client fees gradually to keep them affordable for those with limited funds. This means we still have to use some of our Reserves to balance the books.

THE PLAN WAS TO:

- increase fees from £19 per day to £21 from April 2019.
- use £16,000 from Reserves.

| What went wrong? | What went right? |
|---|---|
| Having to close down from the 17th March and furlough our staff | 80% Government Grant to partly offset staff costs after closedown |
| Some reductions in client numbers during the rest of the year. | Expenditure savings during the year |
| NET IMPACT = WE ONLY HAD TO USE £12,000 from Reserves | |

GREAT! ... BUT part of our Reserves are held in a Unit Trust and the valuation at 31 March was significantly lower due to the impact of the virus. They fell by £18,600... BUT by the time I wrote this report they had regained more than half of the loss.

WE WOULD NOT BE IN AS GOOD FINANCIAL POSITION IF IT WERE NOT FOR:

- VOLUNTEERS**
 What would we do without you? You help in so many ways which all help to keep us affordable, whether it is escorting on the bus, making tea, washing up or fund raising. What's even better is that you all seem to enjoy doing it which rubs off on both the clients and the staff making the Day Centre such a happy place to be.
- STAFF**
 Our staff are extremely professional and committed. They all seem to have endless patience which can be very important at times and this, and their sense of humour, keeps us all smiling.



Care staff serving lunches with long-time volunteer, Wendy.

- THE PUBLIC**
 Fundraising is a significant element of our income and there would be little point in volunteers organising events if nobody came! However, you do come in significant numbers particularly for the annual Five Pubs Challenge, Meridian Meander and, new for last year, the Bike Ride. It gives such a great feeling when everyone is so supportive of "their" Day Centre.

- **PARISH COUNCILS, CHARITIES AND SOUTH CAMBS DISTRICT COUNCIL**

We get a number of grants each year from Parish Councils and local charities. This is a significant sum of money and critical to us ensuring affordable day fees.

South Cambs. built the Day Centre and gave us a rent-free lease for 999 years which is fundamental to our very existence.

- **TRUSTEES**

Trustees can be very useful to any Charity and ours are no exception. In a way they are just another sort of volunteer but, at the end of the day, they are willingly accepting a major responsibility for the operation and development of the Centre. When they are not creating plans and budgets or monitoring their achievement, they can often be found with their sleeves rolled up helping in a variety of practical ways.

WHY DO WE ALL GIVE OUR TIME SO ENTHUSIASTICALLY?

We know the isolation that many older people face, particularly if they have lost their partner and their family are living far away.

We all know people with dementia and can scarcely imagine the pressures their carer may face 24/7.

By doing what we do, we are helping to combat loneliness and provide respite for carers, making this world a happier place to live in.

WHAT COULD BE MORE WORTHWHILE?



The Rocking Ukuleles entertaining the clients.

TREASURER'S REPORT

NIGEL POULTER

In the year to March 2020 we lost the last two weeks and are in line to lose about £12,000 which was better than the budget. We were also in line to increase our investments by £12,000 to just over £120,000. The over next 7 weeks the investments fell by £40,000 before bouncing back to just over £90,000. This is slowly coming back but is likely to be a while.

The loss was £12,416 still less than budget and a loss on investment of £18,621.49.

On the credit side we received £12,098.66 from Cambridgeshire County Council as a grant.

The income included:

| | |
|--|--|
| Client Fees | £88,257.00 |
| Over Parish Council | £5,000.00 |
| Willingham Parish Council | £3,000.00 |
| Galon's Charity (Swavesey) | £1,000.00 |
| Over Town Land Trust | £1,100.00 |
| Swavesey Parish Council | £ 500.00 |
| Girton Town Charity | £3,000.00 |
| Cycle Ride | £3,200.00 |
| Xmas Fair | £1,100.00 |
| Donations | £ 9,752.68 (Including Sponsored Walk, etc) |
| Interest on Investment (Epworth) | £ 800.33 |
| Interest on Cambridge Building Society | £ 12.34 |
| Interest on Barclays Accounts | £ 79.58 |
| Interest on Redwood Bank | £ 912.43 (4 months) |

The legacy has been invested in unit trusts as this brings in more interest than the bank but it carries a risk as it can go up or down. In November 2018 we switched £67,000 to Redwood Bank from Cambridge Building Society as the interest rate was better and £912.43 was received in the year.

Fees received were slightly up at £88,255 an improvement of £2,627.

Currently the Centre costs about £3,900 per month whilst the Centre is closed, although this will start going up in August. Prior to this it while costing £2,900 per week.

This is made up of:

| | |
|--|----------------|
| Wages | £100,288 (68%) |
| Food cost | £ 11,421 (8%) |
| Gas and electricity | £ 5,281 (4%) |
| Diesel, repair and insurance for minibus | £ 4,993 (4%) |
| Depreciation (excluding Minibus) | £ 3,586 (2%) |
| Depreciation of Minibus | £ 5,311 (3%) |
| General Insurance | £ 2,361 (1%) |
| Office Costs and Household Expenses | £ 6,211 (4%) |
| Activities | £ 2,492 (2%) |
| Miscellaneous | £ 6,074 (4%) |

There was £10,839.38 which was raised for the minibus but was not required. The amount left will go towards a Minibus when the existing bus needs replacing.

Finally, I would like to thank all staff and volunteers who do such a wonderful job with the clients and fundraising and we always seem to outperform the budget but this time whilst cost were below budget the collapse in investments and the closure in early March meant we did not outperform the income side.



Clients making coasters using ceramic mosaics.



CENTRE MANAGER'S REPORT

HAYLEY SMITH

Over Day Centre continues to provide a high quality of care to our clients from Over and surrounding villages. This year we have had the privilege of welcoming older people from twelve towns and villages across Cambridgeshire.

In order to cater to the varied tastes and interests of our clients, we have booked a wide range of entertainers. There have been singers, guest speakers, craft activities, visits from local community groups, as well as chair-based exercises and informal services held by local pastors. Talks have ranged from the history of the Great Fen Flood of 1947, to the history of Fireworks and how professional displays are staged, to a photographic tour of the Antarctic, and a presentation on the archaeology conducted during the widening of the A14 (with a display of excavated artefacts).

Staff also provided social, daily activities: quizzes, bingo, puzzles, crosswords, scrabble, and mini Olympics involving props (such as balls) to encourage clients to move and stretch.

Our 30th Anniversary was a major event in the autumn of 2019 that, not only involved our clients, but also our volunteers and people from community groups and associations that support our charity (such as Parish Councils, WI groups, and local British Legion branches). I know that I speak on behalf of the Day Centre staff when I say that we are very proud of our charity, and that we hope it continues to grow from strength to strength.

Although Covid-19 prevented the annual 5 Pub Challenge and Bike Ride fundraisers to take place (due to concerns over social distancing), other events were held prior to lockdown. These included – to name but a few - our annual Quiz Night, a Swishing Evening, and our Christmas Raffle that raised over £1,000 due to the fabulous prizes donated by local businesses. A big thank you to the donors, organisers and everyone who took part in the events.



Guest speaker, Paul Warrington using the Day Centre projector.

Over the years our charity has been incredibly lucky to be supported by many volunteers who perform a variety of tasks. It would be impossible to name everyone, but I would like to take this opportunity to thank them all for their dedication. I would also like to extend my thanks to all the staff who continue to show such commitment to our clients.

MORE INFORMATION

For further information visit the Over Day Centre website, www.overdaycentre.co.uk and Facebook page, facebook/overdaycentre or ring Centre Manager Hayley Smith on 01954 231807.



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